

*District and Regional Mental Health Program Descriptions*  
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Acute	Inpatient Programs
Acute Inpatient Psychiatry Unit (AIPU)	<b>Age:</b> 18 + <b>Service Area:</b> District of Nipissing, Temiskaming and Northern portions of Muskoka/Parry Sound <b>Referrals Accepted from:</b> Physician Referral Only <b>Type of Service:</b> Patient is experiencing active psychiatric symptoms where hospitalization for acute stabilization is indicated either because of substantive risk or because the patient is unable to manage in the community. AIPU provides acute stabilization and treatment, risk assessment, symptom reduction, interdisciplinary assessment, consultation, education, assistance with recovery, support, and discharge planning.
Child and Adolescent Mental Health Unit (CAMHU-District) 6 bed unit	<b>Age:</b> <18 <b>Service Area:</b> District of Nipissing, Temiskaming and Muskoka/Parry Sound/North Simcoe <b>Referrals Accepted from:</b> Primary Care provider <b>Type of Service:</b> Provides acute stabilization and active treatment, risk assessment, symptom reduction, education and coordination of supports in community
Electroconvulsive Therapy (ECT)	<b>Age:</b> 16+ <b>Service Area:</b> Inpatients of North Bay Regional Health Centre and outpatients from the District of Nipissing, Temiskaming and Northern portions of Muskoka/Parry Sound <b>Referrals Accepted from:</b> Physician Referral Only <b>Type of Service:</b> ECT is most often recommended for use as a treatment for severe depression that has not responded to other treatment, and is also used in the treatment of mania and other refractory mental illnesses.
Acute	Outpatient Programs
Crisis Intervention	<b>Age:</b> 16+ <b>Service Area:</b> Nipissing District <b>Referrals Accepted from:</b> Hospital Emergency Departments, Community Agencies, Physicians, Criminal Justice System, Self, family and friends <b>Type of Service:</b> 24/7, telephone or face to face crisis service located at the college site and, short-term community crisis support, access to community safe beds at the King St site. They can provide mental health assessments, de-escalation and stabilization, short term support, advocacy, referrals to community services and education. They have collaborative partnerships with Peer Support Services, Psychiatry and HANDS (youth crisis service)
Mobile Crisis Team	<b>Age:</b> No age restrictions <b>Service Area:</b> North Bay and Callander <b>Referrals Accepted from:</b> Activation of mobile crisis team is through 911 <b>Type of Service:</b> Is a community-based, collaborative partnership between the North Bay Regional Health Centre and the North Bay Police Services to respond to individuals experiencing a crisis. They connect as a point of entry for people into various service systems. This maximizes the ability for individuals to access the right service at the right time whenever and wherever possible. They can provide mental health assessments, de-escalation and stabilization, short term support, advocacy, referrals to community services and education.
Regional	Inpatient Programs
Dual Diagnosis Unit (DDU) Birch/Maple Lodge 14 bed unit	<b>Age:</b> 18+ <b>Service Area:</b> North East Region <b>Referrals Accepted from:</b> Psychiatrist, Primary Care provider <b>Type of Service:</b> Developmental/intellectual disability plus mental health concerns/behavioural challenges focus on the specialized needs of those functioning in the moderate to profound range of developmental

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	disabilities. Services include providing assessment, stabilization, and rehabilitation, transitional support to return “home.”
Specialized Adult Rehabilitation and Transitional Unit Nickel Lodge 16 bed unit	<b>Age:</b> 18+ <b>Service Area:</b> North East Region <b>Referrals Accepted from:</b> Psychiatrist, Primary Care provider <b>Type of Service:</b> Specialized Adult Rehabilitation and Transitional Service providing care/support to those with severe mental illness/co-morbid condition.
Northern Lights Lodge Clinical Rehabilitation and Evaluation Unit (CREU) 16 bed unit	<b>Age:</b> 18+ <b>Service Area:</b> North East Region <b>Referrals Accepted from:</b> Psychiatrist, Primary Care provider <b>Type of Service:</b> Provides assessment and treatment and rehabilitation for individuals with complex and refractory problems. Following discharge, consultative services are provided by the Community Outreach Service.
Transitional Unit Osprey Lodge 8 bed unit (under construction)	<b>Age:</b> 18+ <b>Service Area:</b> North East Region <b>Referrals Accepted from:</b> Psychiatrist, Primary Care provider <b>Type of Service:</b> Provides ongoing rehabilitation for individuals who require a supportive environment to transition towards a community reintegration.
Regional Assessment and Treatment Unit Evergreen Lodge 12 bed unit	<b>Age:</b> 65+ <b>Service Area:</b> North East Region <b>Referrals Accepted from:</b> Psychiatrist, Primary Care provider <b>Type of Service:</b> Provides comprehensive specialized assessment and treatment for older adults with complex age related psychiatric needs.
Geriatric Psychiatry Regional Dementia Care Program Oak Lodge 18 bed unit	<b>Age:</b> 65+ <b>Service Area:</b> North East Region <b>Referrals Accepted from:</b> Psychiatrist, Primary Care provider <b>Type of Service:</b> Provides comprehensive specialized assessment/treatment of older adults and/or adults with age-related dementia complicated by behavioural, psychological and/or neurocognitive impairments that exceed capacity of community resources.
<b>Regional</b>	<b>Outpatient/Outreach</b>
Homes for Special Care	<b>Age:</b> 18+ <b>Service area:</b> Nipissing District <b>Referrals Accepted from:</b> Clinical services including: Schedule 1MH, Community mental health agencies, <b>Type of service:</b> provides 24hr residential supportive housing program to those who have a mental health diagnosis. Privately owned and operated licenced under the MOHLTC.
Regional Outreach	<b>Age:</b> 18+ <b>Service area:</b> North East Region <b>Referrals Accepted from:</b> NBRHC Regional In-patient program <b>Type of service:</b> Provides Rehabilitation services in the community for patients discharged that require transitional support for to the successful reintegration to community.
Developmental Disabilities Outreach Services (DDS)	<b>Age:</b> 16+ <b>Service area:</b> North East Region <b>Referrals accepted from:</b> Psychiatrist, Primary Care provider <b>Type of Service:</b> Dual Diagnosis outreach service provides assessment, treatment, recommendations and monitoring by outreach program to promote successful integration and stabilization of clients and improve upon their quality of life.
Regional Aboriginal	<b>Age:</b> 18+

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Mental Health Service (RAMHS)	<p><b>Service area:</b> North East Region</p> <p><b>Referrals accepted from:</b> Inpatient Units</p> <p><b>Type of Service:</b> RAMHS provides culturally identified supports to Aboriginal patients as they return home. Provides supports to treatment teams and patients while they are preparing for discharge from hospital, and offers transitional support to their community for successful reintegration.</p>
Regional Early Intervention in Psychosis (REIP) <a href="http://www.psychosis101.ca">www.psychosis101.ca</a>	<p><b>Age:</b> 16 – 35</p> <p><b>Service Area:</b> North East Region</p> <p><b>Referrals:</b> REIP does not provide direct service to patients.</p> <p><b>Type of Service:</b> Dissemination of evidence-based best practice, protocols, resources, common procedural guidelines, and specialized education/training to build capacity in district based programs. REIP also supports a Family Networking Group for the Northeast</p>
Regional Concurrent Disorders Program (RCDP)	<p><b>Age:</b> 16 +</p> <p><b>Service Area:</b> Northeastern Region</p> <p><b>Referrals:</b> RCDP does not provide direct service to patients</p> <p><b>Type of Service:</b> Develops collaborative partnerships to support and enhance concurrent disorder integration capacity within Mental Health and Addiction agencies in the Northeast with the provision of education, training and the dissemination of best practices</p>
Senior's Mental Health Integrated Service (SMHIS)	<p><b>Age:</b> Older Adult</p> <p><b>Service Area:</b> NBRHC Inpatient program</p> <p><b>Referrals Accepted from:</b> Psychiatrist, Primary Care provider</p> <p><b>Type of Service:</b> Provides consultation and treatment recommendations for older adults with cognition, delirium, mood, responsive behaviours or other related late-life onset mental health concerns. SMHIS also provides transitional supports upon discharge.</p>
Geriatric Psychiatry Outreach-Senior's Mental Health Regional Consultation (SMH-RCS)	<p><b>Age:</b> 65+</p> <p><b>Service Area:</b> Nipissing District</p> <p><b>Referrals Accepted from:</b> Psychiatrist, Primary Care provider</p> <p><b>Type of Service:</b> Provides assessment, diagnosis and short-term recommendations, including limited time follow-up services for individuals with age related neurocognitive disorders. Provides services in private homes, retirement homes or in long-term care.</p>
Behavioural Support Services (BSO)	<p><b>Age:</b> Older adult</p> <p><b>Service Area:</b> North East/Provincial</p> <p><b>Referrals Accepted from:</b> All-open referral process</p> <p><b>Type of Service:</b> BSO provides specialized assessment, consultation, treatment, behavioural care planning and transitional support for older adults with or at risk of responsive behaviours associated with dementia, mental health, substance use and/or other neurological disorders. BSO also provides support and capacity building for care partners and health care professionals.</p>
<b>Mental Health &amp; the Law</b>	<b>Inpatient Programs</b>
Secure Assessment Unit to determine Fitness to Stand Trial and Criminal Responsibility Deer Lodge 14 bed unit	<p><b>Age:</b> 18+</p> <p><b>Service Area:</b> North East Region and Ontario for court ordered assessments</p> <p><b>Referrals Accepted from:</b> Courts , Mental Health and the Law Lodges, Maplewood Residence, Forensic Outreach Service</p> <p><b>Type of Service:</b> For Patients with court ordered or subject to an Ontario Review Board (ORB) Disposition Order, who requires a secure setting, close observation and stabilization. Provides assessments of fitness to stand trial and criminal responsibility, court-ordered treatment to render individuals fit to stand trial, and for initial treatment and stabilization.</p>
Heron Lodge Treatment and	<p><b>Age:</b> 18+</p> <p><b>Service Area:</b> North East Region</p>

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Rehabilitation Secure Unit 14 bed unit	<b>Referrals Accepted from:</b> Mental Health and the Law Lodges <b>Type of Service:</b> Provides specialized psychiatric treatment, rehabilitation and risk management. Rehabilitation focuses on addressing risk factors while restoring or enhancing the skills necessary to safely transfer to less secure settings including the community.
Secure Treatment and Rehabilitation Unit Owl Lodge 16 bed unit	<b>Age:</b> 18+ <b>Service Area:</b> North East Region <b>Referrals Accepted from:</b> Mental Health and the Law Lodges <b>Type of Service:</b> For patients transferred from the secure forensic lodges. Provides specialized psychiatric treatment, rehabilitation and ongoing risk management in a setting with fewer security features. Rehabilitation focuses on a gradual and safe transition to even less secure settings including the community.
Transitional Unit- 8 Forensic beds co-located with 8 general psychiatric beds Osprey Lodge	<b>Age:</b> 18+ <b>Service area:</b> North East Region <b>Referrals Accepted from:</b> Mental Health and Law Lodges <b>Type of Service:</b> Provides ongoing rehabilitation in a supportive community-like environment focusing on a safe transition to the community.
<b>Mental Health &amp; the Law</b>	<b>Outpatient Programs</b>
Transitional Rehabilitation Housing Program (TRHP) Mental Health & the Law Maplewood House 8 beds	<b>Age:</b> 18+ <b>Service Area:</b> North Bay <b>Referrals Accepted from:</b> Mental Health & the Law inpatient Lodges and must be subject to an ORB Disposition Order <b>Type of Service:</b> Provides transitional case management; an eight bed semi supervised transitional residence. Ongoing community supports and risk monitoring for individuals subject to an ORB Disposition Order. The emphasis of the supports is on transitioning to more independent living accommodation. The expected length of stay is approximately 12 months.
Mental Health & the Law Outreach Services	<b>Age:</b> 18 + <b>Service area:</b> North East Region <b>Referrals accepted from:</b> Mental Health & the Law Inpatient program. Individuals referred must be subject to an ORB Disposition Order with the provision to live in the community. <b>Type of Service:</b> Support and risk management is focused on community integration and ongoing resiliency and skill enhancement.
Mental Health & the Law Dual Diagnosis- Transitional Rehabilitation Housing Program (TRHP) 2beds (under development)	<b>Age:</b> 18 years + <b>Service area:</b> North East Region <b>Referrals accepted from:</b> NBRHC Inpatient units for individuals subject to an ORB Disposition Order with the provision to live in the community and have a Dual Diagnosis. <b>Type of Service:</b> The program is designed to help individuals transition into the community with a length of stay of approximately 24 months. The goal is safe community integration and transitioning to a supervised community placement.
Mental Health & the Law Youth Forensic Service Partnership with the Ministry of Children and Youth Services (MCYS)	<b>Age:</b> 12-18 years (less a day) <b>Service area:</b> North East Region <b>Referrals Accepted from:</b> Courts <b>Type of service:</b> Provides forensic assessments of Fitness to Stand Trial, Criminal Responsibility and Treatment Orders. This program has been established in order to provide outpatient services for youth coming in contact with the law.
<b>Community Based Services</b>	<b>Community Based Programs/Services Outpatient</b>
Mental Health Clinic-	<b>Age:</b> Children and Adults

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Eating Disorders	<b>Service Area:</b> District of Nipissing <b>Referrals Accepted from:</b> Primary Care provider and community agencies <b>Type of Service:</b> Provides case management, continuum of care, individual time limited therapy and group therapy, consultation and education with patients and family members as well as community and hospital programs.
Mental Health Clinic: Early Intervention and Psychosis	<b>Age: 16-35</b> <b>Service area:</b> District of Nipissing <b>Referral accepted from:</b> Primary Care provider <b>Type of service:</b> Provides intensive support services to individuals experiencing the first episode of psychosis and education and support for families.
Mental Health Clinic-Concurrent Disorders	<b>Age:</b> 16+ <b>Service Area:</b> District of Nipissing <b>Referrals Accepted from:</b> Schedule 1, physicians, community agencies, Nipissing Detoxification Substance Abuse program (NDSAP) <b>Type of Service:</b> Provides community outreach and transitional services utilizing clinical therapies, treatment and consultative modalities.
Assertive Community Treatment Team (ACTT) 1	<b>Age:</b> 18+ <b>Service Area:</b> District of Nipissing <b>Referrals Accepted from:</b> Schedule 1, physicians, community agencies <b>Type of Service:</b> 24/7 intensive treatment rehabilitation and support in all domains of life
Assertive Community Treatment Team (ACTT) 2	<b>Age:</b> 16+ <b>Service Area:</b> District of Nipissing <b>Referrals Accepted from:</b> Schedule 1 physicians, community <b>Type of Service:</b> 24/7 intensive treatment rehabilitation and support in all domains of life including working with the Forensic Outreach Program to serve those individuals bound by an order of the Ontario Review Board.
Nipissing Detoxification Substance Abuse Program Residential Treatment Services (NDSAP-RTS)	<b>Age:</b> 16+ <b>Service Area:</b> Provincial <b>Referrals Accepted from:</b> Primary Care provider, community agencies <b>Type of Service:</b> 24/7, 21 day residential treatment program that supports participants to exam and work on issues related to their substance use.
Nipissing Detoxification Substance Abuse Program Community Treatment Services (NDSAP-CTS)	<b>Age:</b> 16+ <b>Service Area:</b> District of Nipissing <b>Referrals Accepted from:</b> Primary Care provider, community agencies <b>Type of Service:</b> 15 days in duration with options of weekend attendance, providing structured treatment modalities
Withdrawal Management Services (WMS)	<b>Age:</b> 16+ <b>Service Area:</b> Provincial <b>Referral Accepted:</b> Primary Care provider, community agencies, self-referral <b>Type of service:</b> 24/7 service to assist with voluntary withdrawal alcohol and/or other drugs to individuals who under the influence of these substances and/or in withdrawal.
Telemedicine Mental Health	<b>Age:</b> All <b>Service Area:</b> North East <b>Referrals Accepted from:</b> Primary Care provider, Community Agencies <b>Type of Service:</b> Telemedicine utilized for psychiatric consultation, psychotherapy, family visits, preadmission/discharge follow-up, case conferences for in-patients in mental health programs.
Dental Services	<b>Age:</b> Youth and Adults <b>Service Area:</b> Nipissing & Sudbury District

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	<p><b>Referrals Accepted from:</b> Emergency Departments, Community, Primary Care provider, Self</p> <p><b>Type of Service:</b> Dental Emergencies, Continuous/Preventative Care, Referrals to Oral Surgeons are provided Monday- Thursday 830-430 to patients who receive ODSP or Ontario Works. Fee for service payments also accepted.</p>
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